

The Hartford News

March 19 – 25, 2019



City Comes to a Virtual Standstill to Limit Spread of Coronavirus

BY ANDY HART

The City of Hartford and the State of Connecticut have implemented drastic measures to slow down the spread of the Coronavirus, also known as COVID-19.

Schools, senior centers, libraries, museums, art galleries, bars and restaurants have been closed. Almost all public events have been canceled, as have religious services.

When these restrictions will be lifted, or at least eased, is still unclear. The spread of the Coronavirus disease is hard to determine since symptoms may not appear from two days to two weeks after the person is initially infected.

As of Tuesday, Connecticut had 68 confirmed cases of Coronavirus. However, Dr. Matthew Carter, Connecticut's lead epidemiologist, said the actual number is probably closer to approximately 6,000 since so many people have yet to be tested for the virus. Drive-through testing sites were opened at Saint Francis Hospital and Hartford Hospital earlier this week (see box at right).

Because the virus is spread through human contact, the State of Connecticut has officially banned public gatherings of over 50 people. However, a spokesman for Mayor Luke Bronin said city residents should avoid gatherings of any number, if possible, for the next few weeks.

The prohibition against gatherings has had widespread effects. All Hartford schools are closed, including those managed by the Capital Region Education Council (CREC), as well as private and religious schools.

On Monday, Governor Ned Lamont ordered that bars, restaurants, movie theaters, concert halls, gyms and other high traffic businesses will have to close until further notice. Restaurants may still offer take-out food.

Lamont did say that he is not yet ready to issue a "shelter in place" order, a drastic measure in which people would not be able to leave their homes except for trips to the doctor or shopping for food and other necessities.

On Tuesday afternoon, March 17, Bronin announced that the City of Hartford will be modifying its services during the Coronavirus emergency. Police, fire and public works services will continue as normal, many other city employees will be working from home. For a full list of the modifications to Hartford government services, please turn to page 6. Bronin said the situation will be reassessed in two weeks to determine if the limitations should remain in place or modified.

Hartford Public Library is also closed until at least March 31, at which time library officials will decide whether to remain closed depending on how the Coronavirus crisis develops. In the meantime, library staff will be available for questions via e-mail at contactus@hplct.org or by calling 860-695-6300.

Almost all of the Hartford's other major



School Lunches...Without Schools

City of Hartford Recreation Director Troy Stewart hands out free lunches at the Metzner Center on Franklin Avenue on Tuesday afternoon. Although city schools will be closed for at least the next two weeks, Hartford Public Schools Food and Child Nutrition Services are supplying free lunches to families with school children at sites throughout the city (see box below). (Hart photo)

Hartford Schools Free Lunch Program

To assist families whose children relied on lunches provided at school, Hartford Public Schools (HPA) implemented an emergency meal plan on Monday, March 16. HPA will provide a hot meal to students that can be picked up and brought home for immediate consumption. Cold meal options will also be available. Meals can be picked up at the following locations Monday through Friday:

| Site | Address | Distribution Time |
|----------------------------------|----------------------|-------------------|
| Arroyo Center at Pope Park | 30 Pope Park Drive | 11:45 - 12:30 |
| Boys & Girls Club | 1500 Broad Street | 11:45 - 12:30 |
| Boys & Girls Club | 170 Sigourney Street | 11:45 - 12:30 |
| Boys & Girls Club | 1 Chandler Street | 11:45 - 12:30 |
| Columbus Park (Metzner Center) | 680 Franklin Avenue | 11:45 - 12:30 |
| North End Senior Center | 80 Coventry Street | 11:45 - 12:30 |
| Parker Memorial Community Center | 2621 Main Street | 11:45 - 12:30 |
| Wilson-Gray YMCA | 444 Albany Avenue | 11:45 - 12:30 |

Hartford...Once Upon a Time



This amazing painting of Hartford (looking east) was probably done around 1870. Bushnell Park can be clearly seen in the center of the painting, but Trinity College is still standing where the State Capitol is today. Trinity moved to its present location beginning in 1875; the State Capitol was completed in 1878. In the foreground is the Park River; the large brick building on its banks near the bottom of the painting is the Sharps Rifle Factory. At left are Farmington and Asylum Avenues, with the Asylum for the Deaf still located on the latter. Church steeples still dominate the skyline, not commercial skyscrapers. (Photo courtesy of the Hartford History Center, Hartford Public Library)

Coronavirus (COVID-19) Symptoms

The following symptoms may appear 2-14 days after exposure.*
Source: U.S. Center for Disease Control and Prevention.

FEVER



COUGH



SHORTNESS OF BREATH



Graphic Courtesy of the Center for Disease Control

Drive-up Testing

Both Hartford Hospital and Saint Francis Hospital & Medical Center have opened drive-up testing for the Coronavirus. **At both test sites, you must present a written request for testing from your doctor and valid identification. Only those with an order from their doctor will be tested as test equipment and staff are currently limited.** The actual test lasts approximately 5 minutes. Results can be expected in several days.

HARTFORD HOSPITAL

Test Site: Education and Resource Center, 560 Hudson Street, Hartford

Hours: 9 am - 5 pm, 7 days a week

SAINT FRANCIS HOSPITAL & MEDICAL CENTER

Test Site: Gengras Building, 1000 Asylum Avenue (entrance off Woodland Street), Hartford

Hours: 8 am - 4 pm, 7 days a week

*Symptoms based on what has been seen previously as the incubation period of MERS-CoV viruses.

ORDER IN THE CLASSROOM

Two slates vie for control of Hartford teachers' union

BY ANNE GOSHDIGIAN

Following the decision to retire by Andrea Johnson, longtime president of the Hartford Federation of Teachers, competing slates have emerged before the upcoming election by the membership on April 8th; balloting is being done by mail. The Unity Slate and Hartford Teachers Together are both seeking to fill the 11 seats that constitute the union's leadership: President, 1st Vice-President, 2nd Vice-President, 3rd Vice-President, Vice-President (Non-Teaching), Vice-President (Special Projects), Secretary, Treasurer, and Area Coordinators at the three public high schools—Bulkeley, HPHS, and Weaver.

Up for the presidency is Joshua Hall of the Unity Slate. The State Representative from Hartford's 7th District, Hall has served on the HFT for 12 years as 3rd, 2nd, and 1st Vice-President, and has taught History & Social Studies at Weaver for 12 years. Competing for that office from the Hartford Teachers Together slate is Carol Gale, a 30-year Hartford classroom teacher at the elementary, middle, and high school levels, currently teaching high school Social Studies at Global Communications Academy, as well as serving as the HFT building representative there.

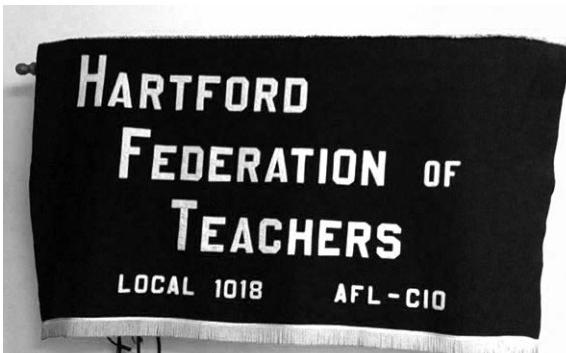
Five Superintendents of Schools have led Hartford Public Schools during the past 20 years, and while graduation rates have improved slightly, teachers and

other school staff aver that in recent years, the union has not supported them in their quest for a school system that empowers classroom teachers, which has resulted in killing good programs, lowered standards, discipline issues, high teacher turnover, and hindering the goal of educating resilient and functioning future adults.

Carol Gale said that top-down management has resulted in "...administrators who will override a teacher's grade in order to raise the graduation rate. They will pass students with a grade of 50 for the first three marking periods." She added that proposed

staff "reorganization" at the high school level "...creates instability in the schools and hurts student performance." Gale and her fellow slate candidates have a firm belief that teachers need to be empowered again. "The discipline issues left unaddressed disrupt classmates and take away from teaching time. We need to reach students in a way that helps them make better choices."

Josh Hall and his slate pledge to continue to engage HFT members through "...school visits" and "...communicating with them through their home email addresses." The slate also promises to actively work with Building reps and Union School Committees, and attending Board of Education meetings on "...issues that affect HFT members, parents and students."



Saint Casimir Fair at Holy Trinity

On Sunday, March 1, Holy Trinity Church on Capitol Avenue in Downtown Hartford held its annual Saint Casimir Fair. There was Lithuanian handicrafts, amber jewelry and food for sale, as well as a Lithuanian-style lunch prepared by volunteers from the parish including (above) Irene, Sophia and Anastacia Pzikas, John and Ruta Cole, Liucia and Algis Maciunas and Maryte and Linas Banevicius. Saint Casimir was a Lithuanian prince in the 15th century, known for his devotion to God and his generosity to the sick and the poor. The fair was organized by the Lithuanian-American Girls and Boys Scouts. (Hart photo)

THE HARTFORD NEWS

Publishers Jon Harden
..... Lynne Lumsden

Managing Editor Andy Hart
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Copy Editor/Staff Writer...Anne Goshdigian
Spanish Editor Wilfredo Ayala
Contributing Writers.....Mike McGarry
..... David Samuels
..... Donna Swarr
..... Tom Swarr

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563 Franklin Ave., Hartford, CT 06114
(860) 296-6128 FAX 866-875-3785 • E-Mail:
hartfordnews@aol.com

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Politically Speaking

A Fresh Look at Issues
Facing our Region & State

BY MIKE MCGARRY

If Things Get Worse...

Your reporter's wife spent three nights in the emergency room at Hartford Hospital a few months ago because regular rooms were not available, they were filled with reported flu victims. Shades of what is to come?

The whole idea of sheltering in place – stay home – if one tests positive for the Coronavirus seems to make little sense if a family is involved. No matter how anyone tries, other family members probably will get the bug and if they go out for food, gas, prescriptions, etc. On and on it goes.

So, we have an idea. Probably too simple for it to work, but anyhow, here goes...

85 Sigourney Street, the former Aetna Training Center, Hastings Hotel, Culinary Institute, has 367,406 square feet and currently sits empty – right across from CVS/Aetna, a healthcare company!

The building is right off I-84, next to a FasTrak Station, with five floors of dorm space, dining rooms, and a large outdoor courtyard. With lots of parking and an open airy environment, it would seem to be a perfect spot for overflow flu victims needing just modest care.

Just down the street from Saint



Francis Hospital and also close to Hartford Hospital, this building seems just right to handle the overflow of coronavirus patients.

The activity of the emergency rooms – the uninsured with routine illnesses and injuries, accident victims, and those who suspect they have the coronavirus – could be greatly eased by using this large empty facility. Serious problems belong in hospital rooms, lesser health concerns could go to the Sigourney Street facility.

Anyhow, the building is currently for sale for a cool \$7.5 million. Our bet is that it could be had for somewhat less.

Contact CBRE for information if you have any bright ideas. More public information on 85 Sigourney Street at <https://www.loopnet.com/Listing/85-Sigourney-St-Hartford-CT/18591810/>.

In My Opinion

Howie Hawkins COVID-19 Plan/Cuban Viral Drug Being Used in China

BY DAVID SAMUELS

Green Party presidential candidate Howie Hawkins recently released a statement on COVID 19, that includes a policy plan.

A Crash Program to Fight the Coronavirus

One of the keys to stopping an epidemic is early detection. The US does not have nearly enough test kits. They must be imported, with South Korea now being the largest producer. The US must invest in getting tests to doctors so the coronavirus can be identified and tracked and effective public health and preventive measures taken.

Even if the tests were available, the cost to patients is a huge barrier. The barriers to healthcare created by for-profit, insurance-based health in the US means that many people will not go to a doctor when they have symptoms that could be the coronavirus or could be some other illness. It costs people with decent insurance often \$1,000 for the test. Cost barriers include deductibles, which could be as high as \$5,000 for low-cost insurance and are typically \$4,000 for Affordable Care Act insurance.

This kind of under-insurance affects 41 million adults. Another

28 million have no health insurance. These 70 million uninsured and under-insured people account for over a third of the adult population of the US.

Within our current for-profit health system, the federal government needs to take immediate action, including a crash program to provide healthcare providers and the public with protective gear, respirators, and other equipment and care that facilities need. States and federal community health centers should be funded so that people with symptoms of the virus or who have been exposed to the virus can be tested without charge. It is an emergency; people need to have immediate access to healthcare without any financial barriers.

Paid Sick Leave for Those Infected with the Coronavirus

Another area of failed policy on display by this coming epidemic is sick leave for workers. To stop the spread of the virus, people who have symptoms need to stay home from work so they do not infect their coworkers or people they come in contact with at work or while they commute to work.

Continued on page 4



Urban League Pancake Breakfast for 2020 Census

On Saturday, March 14, the Urban League of Greater Hartford hosted a pancake breakfast to boost participation in the ongoing 2020 U.S. Census. After completing their census form, participants were given a breakfast of pancakes and sausage cooked up by Urban League staffers, including (above) Andriena Baldwin, Shenyka Hones and Sade Blocker. (Hart photo)

THE GREAT EQUALIZER

Practice safety...but don't forget the kindness

COMMENTARY BY ANNE GOSHDIGIAN

These are the times that try our souls. Uncharted waters beyond the safe and familiar harbor of everyday life. We used to get the older kids on the school bus and drop off the little ones at daycare. Then we'd go to work, or to the laundromat, the library, the coffee shop, the museum, the community garden, the art class, the meetings, the movies, the play group, the book club, the gym, yoga, or dance class. There was volunteer work at the nursing home, hospital, or senior center; laps in the swimming pool; the basketball, soccer, or softball game; the day trip. It always seemed like there weren't enough hours in the day—so much running around and so many activities to squeeze in.

In a mere couple of weeks, all that's changed. The longed-for extra time is available and there are plenty of unscheduled hours to fill, but instead the new rules and regulations have stripped away most—if not all—of the above choices. And they don't discriminate based on economic status, education, neighborhood, age, or any other social identifier. In an Alice-down-the-rabbit-hole sort of way, most of us have gone through surprise, disbelief, confusion, and the fear of the unknown. We wake up each morning wondering what changes the day will bring to jostle our already shaky lives. I just went to take a look at the “house copy” of Hartford Courant that's always been delivered daily to my building and made available to any resident; an amenity. The paper came, but now it's locked up in a desk drawer in the Security area; the newsprint pages could potentially spread Coronavirus and may no longer be read by anyone. It's not a life-changing blow, but a definite reminder of the new—and ever-evolving—normal. The average person used to wash their hands maybe 6-8 times a day. Now we

use the soap and/or sanitizer 20 or more times a day depending on where we go and what we do; again, not dire but oh! so different. Yes, we're all in the same boat—nerves on edge, worrying about friends and loved ones, and wondering how to get through the coming weeks and months.

Isolation for health reasons may soon become mandatory, but complete social isolation is detrimental to mental health, which can in turn affect physical health.

Kindness. If there was ever a time when we needed to treat each other with care, compassion, and understanding, this is it. We may not be able to hug, kiss, or shake hands but we can stay in contact in other ways. This is the time to

Capitol Region Complete Streets Plan Public Input Sought

The Capitol Region Council of Governments is seeking public input on its draft Complete Streets Plan. The plan is an update to the region's Bike/Ped plan.

A draft of the plan was released on March 10, 2020 and is available at: <http://www.crcog.org/csplan>

A printed version of the plan can be obtained at CRCOG's office: 241 Main Street, Fourth Floor, Hartford, CT 06106

Comments on the plan will be accepted until April 17, 2020 at 2:00pm. You can submit them by sending comments to tmalone@crcog.org

Written comments can also be mailed to:

Tim Malone
Capitol Region Council of Governments
241 Main Street, Fourth Floor
Hartford, CT 06106

Letter to the Editor

A Message from Interval House

Like you, my inbox is filled to the brim with updates and advice regarding the spread of COVID-19 in our community. I wanted to take a moment to assure you that at this time of great uncertainty our commitment to our clients does not waver—as Connecticut's largest domestic violence agency, we are standing by to serve the many people who still need our help as our world comes to somewhat of a halt.

Of course, the health and safety of our staff, volunteers, and those we serve is of utmost concern. After consulting my Senior Staff and our State Coalition, and with all recommendations by the Centers for Disease Control and orders from the federal, state and local government in mind, we will be implementing the following measures, effective immediately:

- Our 24-hour crisis hotline remains fully operational, offering immediate and compassionate support to callers;
- Our Safe House continues to provide refuge and support to clients and their families, including all meals to residents while school and workplaces are closed;
- All community victims' advocates (law enforcement, immigration and satellite) will work remotely, conducting meetings with clients over the phone;
- Court advocates will work remotely from home with one advocate physically in the Hartford and Manchester criminal court coordinating services;
- Support groups and any other in-person meetings by clients and staff are suspended with phone counseling offered to clients who need it;
- In-kind donations and in-person drop-offs are suspended indefinitely, as are on-site volunteer operations; and
- All administrative staff are working remotely; essential staff will be scheduled to limit exposure but to ensure coverage.

These are particularly challenging times for survivors of domestic violence, as well as for our staff, which remains diligent and available to those who are in immediate danger. One of the ways you can help us right now is by donating to our annual appeal or by donating gift cards in small denominations to stores like Stop & Shop, Walmart, Target, CVS, and Walgreen's for clients to purchase necessities while our donation program is suspended. Please direct all mailed donations to Amanda Delaura, Director of Development, Interval House, PO Box 340207, Hartford, CT 06134.

This is not only a perilous moment, it is incredibly stressful. I must thank our dedicated staff, who have not taken their eyes off our mission, for being steadfast in the effort to keep our clients safe and secure. For them and for you, I urge a moment of serenity. Our friends at the Copper BeEch Institute have this to say about finding calm amid anxiety.

I want to sincerely thank you for your continued support as we all sail our ships into uncharted territory—together, we can stay afloat. I invite you to follow us on Facebook and Instagram for continued updates through the spring related to our planned activities.

On behalf of the entire Interval House family, please accept our heartfelt wishes for your health and safety,

Mary-Jane Foster
President & CEO, Interval House

Región del Capitolio Plan de calles completo Solicitud de información pública

El Consejo de Gobiernos de la Región del Capitolio está buscando la opinión pública sobre su borrador del Plan Completo de Calles. El plan es una actualización del plan Bike / Ped de la región.

Un borrador del plan fue lanzado el 10 de marzo de 2020 y está disponible en: <http://www.crcog.org/csplan>

Se puede obtener una versión impresa del plan en la oficina de CRCOG: 241 Main Street, Fourth Floor, Hartford, CT 06106

Se aceptarán comentarios sobre el plan hasta el 17 de abril de 2020 a las 2:00 p.m. Puede enviarlos enviando comentarios a tmalone@crcog.org

Los comentarios escritos también se pueden enviar por correo a:

Tim Malone
Consejo de Gobiernos de la Región del Capitolio
241 Main Street, cuarto piso
Hartford, CT 06106

Activities for Kids Home from School

BY DONNA SWARR

Are you home with the kids? Do you need to come up with some activities to keep your kids busy this week? I scoured around the Hartford Public Library site and got lots of great ideas from folks posting on Facebook. I checked them out and picked out those that I thought were the easiest to use, FREE, provided variety and are fun. I did try to organize them by age group. I am hoping to have a few more to offer next week, just to keep it fresh.

For all ages:

Scholastic's Learn at Home website: No registration is required. This free resource provides your children with 20 days of exciting articles and stories, videos, and fun learning challenges. Children can complete them anytime, in any order. They can work on their own or together with you and your family. There are four grade categories to choose from: PreK and Kindergarten, Grades 1 and 2, Grades 3-5, Grades 6+. <https://classroommagazines.scholastic.com/support/learnathome.html>



The Hartford Public Library provides access to Bookflix that pairs classic video storybooks from with related nonfiction eBooks from Scholastic. You can pick the right grade and the select where you want it to be read to the child or the child can read the book for themselves. There are several fun activities to do after you complete the books. Be sure to scroll down to the bottom of the page to find "Resources and Tools". This allows you to search by topics and grade.

Kids ages 4-9

Cosmic Yoga: On youtube, there is a great yoga program with 12 episodes for kids called CosmicKidsYoga.

Tweens and Teens

Yoga for Kids/Tweens: A devel-

opmentally appropriate yoga class for tweens. <https://www.youtube.com/watch?v=kPG3CfY28K0>

BrainPop is a very popular instructional tool. Kids love it. It is intended for upper elementary and middle schoolers. Includes the following content: STEM, Social Studies, English, Health, Arts & Music. <https://go.brainpop.com/accessiblequest>

I found several very interesting online programs on the Hartford Public Library website. Go to Teens/Cool Stuff. These three program provide a great variety of activities that you can do from home.

Power Poetry: Discover slam poetry, share your words with other teens, change the world! If you want to post your own work, you will need to register. <https://powerpoetry.org/>

Voices of Youth: Voices of Youth is UNICEF's community FOR YOUTH, BY YOUTH. Discover inspiring, original stories and opinion from young voices around the world - and share yours! Learn how to submit your own blog posts, poems or sparks of motivation. <https://www.voicesofyouth.org/>

TedTalks: TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks (18 minutes or less). Amazing variety of topics, inspiring. <https://www.ted.com/>

Coronavirus Emergency Things You Can Still Do



Although activities, programs and events of all kinds have been canceled due to the Coronavirus emergency, Hartford parks are still open for walks, skateboarding and numerous other activities.

Outdoor Activities

- Loop walks in Bushnell, Colt, Goodwin, Pope, Hyland Park
- Riverfront Recapture Sculpture Walk - Charter Oak Landing up to Riverside
- Hiking Trails Keney Park - maps on Friends of Keney website
- Fly a kite
- Go for a bike ride
- Jump rope
- Adult Work Stations: Goodwin, Colt *
- Handball Courts - Colt
- Lawn Bowling - Elizabeth
- Volley Ball Court - Riverside

Indoor Activities:

- E-Books: Biblioboard Hartford Public Library (HPL) *
- Music: freegal HPL *
- Movies - kanopy, RBDigital at HPL *
- Yoga - Yoga With Adriene
- Learn how to crochet - Red Heart Yarns
- Learn how to knit - Knitting Crash Course: Learn to Knit It Now

* Need your HPL account number

In My Opinion

Continued from page 2

Right now, the federal government needs to create an emergency fund for paid sick time. This will allow people exposed to the virus to stay home from work and not make others ill. It will also allow people who are ill with the coronavirus to stay home to recover.

I support paid sick leave for workers consistent with standards of other industrialized countries. Employment policies that provide for sick leave would make a tremendous difference in stopping the spread of the virus. The Center for Economic and Policy Research studied 22 developed countries. All countries offer at least nine sick days with full pay

except the US, which does not require any paid sick time for workers. Research shows that flu rates fell by about 40 percent in US cities that mandated sick pay.

Read Howie's full statement on his website.

<https://howiehawkins.us/coronavirus-crisis-demands-immediate-crash-program-and-long-term-structural-reform-of-us-health-care-system/>

How Cuba's antiviral medicine is helping China

Guest author, posted on March 4, 2020. By Rosa Miriam Elizalde; reprinted from La Jornada, translation by Resumen Latinoamericano, North America bureau.

Cuba's antiviral Recombinant Interferon Alpha 2B (IFNrec) is among the medicines chosen by China to treat the coronavirus, the disease that has already caused at least 1,800 deaths in that country. To date, there is still no specific vaccine.

Interestingly, Interferon has been in Cuba for 39 years; the country began the development of this protein with antiviral properties at the same time that the biotechnology industry was being invented in 1981.

Read the full article on our No Sellout blog: <https://hendu39.wordpress.com/2020/03/13/howie-hawkins-covid-19-plan-cuban-viral-drug-being-used-in-china-2/>

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KNOX Honors City's Top Urban Gardeners

One well-maintained front yard can inspire a whole block to do the same! Last Wednesday, March 11, Hartford residents, businesses, and organizations were recognized for their outstanding landscaping efforts in the city of Hartford. KNOX and the law firm of McCarter & English recognized those city residents and businesses who went above and beyond with their gardens. Each awardee was inducted into the Hartford Urban Gardeners Society (HUGS) at a ceremony at the McCarter & English offices in City Place I.

Fourteen residents and two businesses were chosen by KNOX staff and Board of Directors members who searched the city throughout much of last year as gardens were planted, tended and arrived at their peaks. The committee drove around all neighborhoods in Hartford taking photos of spectacular gardens that truly deserve recognition.

"I just love to garden too," said HUGS Founder Catherine Blinder as she spoke about how gardening brings people of all walks of life together. As she recognized this strong commonality by many in the room, heads nodded in agreement and understanding for her statements. Photos that accompanied the awards for each winner brought many to share similar reactions in "ooohs and ahhhhs!" Catherine's request for the children present to become gardeners themselves was welcomed loudly by all.

Meme Burton and Evelyn Richardson were honored posthumously for their efforts and impact in KNOX Community Gardens over the years. Both women set an amazing example for all, while also gaining great appreciation for the ways in which they inspired, included, and shared their love for tending gardens, and fellow gardeners, every day.

The HUGS Awards is a grassroots effort by KNOX and the civic leaders at McCarter & English to inspire civic pride and reward Hartford residents and businesses who make a green difference.

2020 KNOX/McCarter English HUGS Award Winners

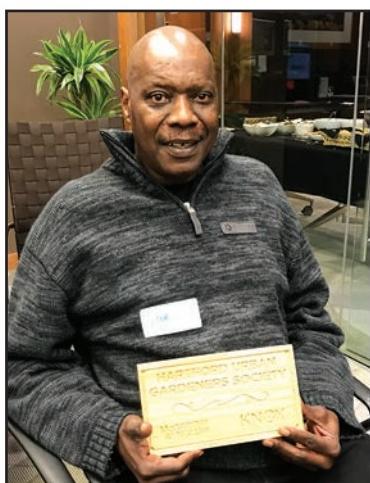
- Meme Burton (Posthumous)
- Evelyn Richardson (Posthumous)
- Cleveland & Marcia Feurtado, 171 Lyme Street
- Preservation of Affordable Housing, 140 Russ Street
- Conseta Myles, 172 Clark Street
- Gabby Nelson, 75 Laurel Street
- Ana Serrano, 591 New Britain Avenue
- Patti LeShane & Patrick Sullivan, 287 Capital Avenue
- Renette Tibby, 233 Manchester Street
- Frances R. Ahern and Sarah



The late community activist and avid gardener Evelyn Richardson was honored by KNOX and McCarter English. Her family was present to accept the award.

Ahern-Jordan, 180 Farmington Avenue

- Curtis & Joyce Ellis, 256 Palm Street
- Lucille E. Green, 290 Palm Street



Award-winner Laurence Faust

- Lawrence & Nadine Faust, 225 Garden Street
- Sherry Brown-Marfuggi, 30 North Beacon Street
- Margarita I Otero, 27 Francis Avenue
- John Coiro & Philip Payer, 36 Ellington Street

KNOX uses horticulture as a catalyst for community engagement and forges partnerships between residents, businesses, and government to build stronger, greener, and more beautiful neighborhoods in Hartford. Since its founding in 1966, KNOX has been a key partner in improving the city of Hartford and is a nationally recognized leader in the field of community greening, community gardening, and green workforce development. The organization plants 500-1,000 trees a year in Hartford while managing 20 community gardens that empower the community to grow well over \$400,000 worth of produce for themselves and their neighbors. KNOX relies 100% on donations and support from the community to accomplish its mission. More information is available at www.knoxhartford.org.

McCarter & English, LLP, established more than 160 years ago, represents Fortune 500 and middle-market companies in their national, regional and local litigation and on important transactions. Its 400 attorneys are based in offices in Boston, Hartford, New York, Newark, Philadelphia, Stamford and Wilmington. www.mccarter.com



Need To See Some Color?

Despite all the Coronavirus induced closings and slow-downs, spring officially began today, March 19, and flowers are blooming all over Hartford, partially thanks to Elizabeth Morin, Hartford Department of Public Works (DPW) Head Gardener. Last fall, Morin planted daffodils and other flowers at the usual places plus several new locations, including the Bushnell Carousel and Pumphouse, the Blue Hills Firehouse, Northwood Cemetery, Vietnam Memorial at New Britain and Fairfield Avenues, the traffic islands on Westbourne Parkway and Wethersfield and Maple Avenues, the Arroyo, Metzner and Parker Recreation Centers, City Senior Centers and the DPW offices on Jennings Road. Why not visit these locations to see what's blooming? If you would like to submit a picture of these plantings or your very own spring flowers, please post them on the Hartford News Facebook page or email them to HartfordNews@aol.com. Thanks!

PART-TIME POSITION Community Program Coordinator

Hartford Next, the coalition of Hartford's NRZs, is seeking a highly motivated and collaborative program coordinator & administrator to support its workforce development and community training initiatives.

The position calls for performing operational and administrative tasks including participant recruitment and registration, training delivery coordination, information and data entry, and development of key relationships with local businesses, service providers and government agencies. Details at www.hartfordnext.org.

Send resume and letter of interest to: hnx@hartfordnext.org.

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City Battles Coronavirus Continued from page 1

institutions have closed and canceled events, shows and performances, including the Wadsworth Atheneum, Mark Twain House, Harriet Beecher Stowe House, TheaterWorks, Hartford Stage, Real Art Ways, Charter Oak Cultural Center and the Connecticut Historical Society.

Almost all spectator sports have also been suspended for the immediate future. Hartford Athletic, the city's professional soccer team, has canceled its first two home games (originally scheduled for March 21 and April 4) at Dillon Stadium. The Hartford Yard Goats, who were scheduled to open their season at home at Dunkin' Donuts Stadium on Thursday, April 9, are also planning to start late, although how late will be determined by how the virus develops. The American Hockey League (AHL), including the Hartford Wolf Pack, have also suspended play for the immediate future.

The Community Renewal Team (CRT) will continue to provide meals to seniors via its Community/Congregate Meals program at local senior centers for as long as possible. CRT is budgeted to do so from our state funder, and as long as staff are allowed to be in its kitchens, the organization will be preparing and

delivering meals.

These meals are brought to senior centers in local communities. For instance, in Hartford, we deliver to the Hispanic Senior Center, Smith Towers and Parkville, and lunches should be picked up during the times of the regular lunch services at those senior centers (typically from around 11:30 am – 12:30 pm on weekdays). For more information, call us at: 860-560-5848, or visit our website at: www.crtct.org.

While the Coronavirus is primarily a health crisis, its economic and social effects could become even more serious.

The unexpected and possibly prolonged school closure will leave many working parents scrambling to find ways to care for their children while they are at work.

The closing of restaurants, bars and other businesses, and the cancellation of events has left many without pay and some have even already lost their jobs.

The federal government is currently considering a bill which would provide an emergency payment of \$1,000 to individual Americans, although whether this would be limited to those impacted by the virus-induced economic slowdown is unclear.



Cars line up on Jefferson Street for Hartford Hospital's Coronavirus Drive-Through Testing Site, which is located around the corner at the hospital's Education and Resource Center, 560 Hudson Street. The testing site is open seven days a week, 9 am - 5 pm. Saint Francis Hospital & Medical Center have also opened Coronavirus Drive-Through Testing Site. It is also open seven days a week, from 8 am - 4 pm, and is located in front of the Gengras Building, 1000 Asylum Street (entrance off Woodland Street). Both testing sites require a doctor's order for the test and valid identification. (Hart photo)

City of Hartford Service Modifications

City Hall & City Facilities

City Hall will remain open during its normal business hours for Tax Collection, Town Clerk and Registrars of Voters. However, residents are strongly encouraged to check www.Hartford.gov or call Hartford 311 to ensure the service they are looking for remains accessible.

Residents and businesses are strongly encouraged to use online public services for payment of taxes at www.Hartford.gov.

The Office of Community Engagement and the Hartford 311 Service Center located on the ground floor of City Hall will be closed. However, Hartford 311 staff will be available to respond to phone calls, emails, and requests made via Hartford 311 app.

The following City buildings will be closed to the public until further notice:

- Hartford Early Learning Centers – Asylum, Hyland and Metzner
- Hartford Public Libraries
- Hartford Public Schools
- Recreation Centers and Pools
- Senior Centers

All recreation programs, classes, permits and reservations are canceled until further notice.

CITY SERVICES

Development Services

All services requiring in-person visits or public service counter assistance will be suspended, with the exception of Building and Planning Applications and Fire Marshal Plan reviews, until further notice.

The Department will continue accepting Building and Planning Applications, and Fire Marshal Plan reviews by appointment only from 9:00 AM 12:00 noon, Monday - Friday; appointments will be for 30 minutes. Appointments can be made by contacting (860) 757-9239 or (860) 757-9207. For all scheduling options, visit <https://planhartford.com>.

Building Inspectors will continue normal inspections, until further notice.

Housing Inspections will only be available to respond to emergency requests for inspections that are requested through HPD, HFD, and Hartford311.

All Land Use commission meetings will be held virtually. Information is available at <https://planhartford.com>.

Health and Human Services

The Health Department will continue to accept in-person applications for food licenses and permitting, Monday – Friday, 10 AM – 2 PM.

Food inspectors will continue normal inspection, until further notice.

Relocation Services will be by appointment only. Please call 860-757-4717.

Women, Infants, and Children (WIC) services will be provided remotely.

Clinic services: Monday, Tuesday, Thursday 10 AM to 2 PM (last client will be taken at 1:45 PM).

Hartford Fire Department

Incident Reports (copies of fire reports, EMS calls, etc.) will not be accepted in person. Please visit <http://www.hartford.gov/fire/fire-department-divisions/fire-marshals-office> for instructions on how to submit online.

In-person applications for liquor licenses, special events and pyrotechnics/flame effects/fireworks will not be accepted until further notice.

Fire Marshal Plan reviews will be by appointment only from 9:00 AM 12:00 noon, Monday - Friday; appointments will be for 30 minutes. Appointments can be made by contacting (860) 757-9239 or (860) 757-9207. For all scheduling options, visit <https://planhartford.com>.

Hartford Police Department

The front desk at Police Headquarters will remain open and staffed with police officers, though the City encourages everyone to call 860-757-4000 for non-emergency police assistance and 860-757-4350 for general information and questions regarding filing police reports.

The Records Division will only be accepting requests via email at HPDRecords@hartford.gov.

Animal Control will remain open.

All services requiring in-person visits or public service counter assistance, including fingerprinting services, loud-speaker, raffle, liquor and pistol permits, and any other functions not essential to public safety will be suspended until further notice.

Department of Public Works

City parks and municipal golf courses will remain accessible to the public and their maintenance and upkeep will continue.

Trash and recycling collection and bulky waste pick up will continue per the usual schedule.

The Transfer Station will remain open or until further notice.

Permit submissions, including for road cuts, excavation, and obstructions of roadway, will be suspended until further notice. Emergency permitting may occur on a case-by-case basis. Please contact the City Engineer, Frank Dellaripa at Frank.Dellaripa@Hartford.gov.

MyRec athletic fields reservation system will be suspended until further notice, though parks will remain open.

For additional assistance, please contact Hartford 311 at 860-757-3111, Monday – Friday, 8 AM – 5 PM.

HOUSEHOLD PLAN OF ACTION TO DEAL WITH THE CORONAVIRUS

The World Health Organization has classified coronavirus as a pandemic, and they expect the number of cases will increase in the weeks ahead. Every household should take basic steps, like washing hands and minimizing unnecessary contact, and every household should also create a Household Plan of Action.

TALK

...with people who need to be included in your plan. Talk to family and friends about the needs of each person if a coronavirus outbreak occurs in your community, and create a list of chronic health conditions people have.

An outbreak is when a large number of people suddenly get sick.

CALL

...Hartford HealthCare's 24-hour, bilingual hotline at 860-972-8100 if you are concerned you have coronavirus symptoms, like fever, cough, and shortness of breath. Do not go to a hospital without calling, unless there is a medical emergency.

DO

...the basics to reduce the chance you get sick, like washing your hands well, avoiding touching your face, and avoiding unnecessary contact with others.



PLAN

...ways to care for those who are at greater risk, including older people and people of any age with chronic health conditions like heart disease, diabetes, and lung disease. Consult with your health care provider for more information about monitoring your health.

LISTEN

...watch, and read. Pay attention to the news every day. TV, radio, print, and online news sources will have regular updates. Please go to Coronavirus.gov for the latest information from medical experts.

MAKE

...a current list of emergency contacts for family, friends, healthcare providers, schools, employers, and other community resources.

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CLASSIFIED ADS

The Hartford News
563 Franklin Ave.,
Hartford, CT
Phone: 296-6128

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\$10 for each
following week

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Call 860-803-7260.

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Sewers wanted. Hand or machine, experience needed. Call 860-803-7260.

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I'll take you to a dealer-only auction, you pick out the car you like, I'll buy it and sell it to you with a modest mark-up. These are great cars starting at \$1,000! Auctions every week. Call Sal 860-713-8348.

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For a brochure with thousands of quality products, call Robert at 860-308-5455. We also have hair relaxers and coloring kits for just \$5.00/box.

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We buy junk cars and trucks. We sell and install used parts. Full body work. Used cars and trucks for sale. Corona's Auto Parts. 608 Wethersfield Ave., Hartford. 860-296-2528.

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Free Medicare Check Up

For open enrollment. Better plans available for 2020. Call Derrick Shirley. 860-371-8969.

Dump Runs

Electronics, major appliances, mattresses, box springs, furnaces and hot water heaters removed. All other items welcome. Call Bill Jones at 860-286-0081.

Free free free free

Wrecked, Junk or Unwanted Vehicle Removal. Fully licensed. Serving Greater Hartford. For prompt, courteous service, call 860-293-2442. Monday-Friday, 8am - 4pm.

Thinking of Getting Married?

Experienced Justice of the Peace available on weekends. Nice settings can be arranged. Modest fee. Call Mike at 860-296-6128.

FUNERALS aren't cheap - but planning for one is. FREE funeral planning guide. Call Derrick Shirley, 860-371-8969.

LG Pest Control

Certified pest controller specializing in bed bugs, roaches, rodents, ants, fleas, raccoons & squirrels. Funigador de cucarachas, de ratones y chinches. Call for appointment 860-597-0942.

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Passionate care specialist with great quality standards. Very trustworthy and professional. 18 years experience. Excellent references. Lives in Hartford. Call Rosemarie Yee, 347-856-0176.

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REAL ESTATE

Apartment for Rent

1, 2 & 3 bedroom apartments on Arnold Street and Deerfield Avenue. Appliances included cold flat. Section 8 welcome. Affordable rents. Call 860-752-9060.

For Rent

Spacious 3 Bedroom apartments on the 2nd floor, West End. Cold Flat. 1 month security and 1 month rent. Available NOW. Section 8 welcome. Call 860-888-6655.

Room For Rent

Rooms for rent in Hartford's West End. Utilities included. \$140 weekly. Security deposit. Call 860-888-6655.

Apartments for Rent

Efficiency, 1, 2, 3 and 4 bedrooms available. Walking distance to shopping, on bus line, off-street parking. Small pets welcome. Section 8 Welcome. Rates Starting at: Studio- \$615; 1BR- \$700; 2BR- \$800; 3BR- \$900; 4BR-\$1000. Call 860-549-3000.

295-297 Garden St. Hartford

Large well maintained 3 bedroom apartments, 1st & 2nd floor, quiet building. Cold flat \$900 monthly. 1 month security 1 month rent. Section 8 Welcome. Call 860-882-3650.

For Rent

3 bedrooms on 2nd floor. Newly renovated. Appliances included. W/D hook-up. Off-street parking. Section 8 welcome. Cold flat. Call 860-899-7545.

Room for Rent

Furnished room with utilities and kitchen privileges. \$130 weekly. 860 560-8200.

Church Space for Rent

Existing church building, highly visible and on the bus line. The space provides a sanctuary, pastor's office, administrative office, plenty of classroom/ministry space, multiple bathrooms and off-street parking. This is an excellent space for a growing congregation. For more details call: Bill, 860-608-6998.

Apartments for Rent

Large studio & 1-BR. All include heat and hot water, parking, stove & fridge, washer & dryer in basement. Section 8 welcome. No pets, plenty of closet space. Call Imer at 917-681-5785 or Pablo at 860-983-9444.

For Rent

3 bedrooms, eat-in kitchen, living room. Appliances included, washer/dryer hook-up. Cold flat. Section 8 welcome. Off-street parking. Call 860-209-1737.

Hartford South End

1 & 2 bedroom apartments. Appliances included. Parking. Call John 860-805-4111.

Rooms for Rent East Hartford

Nice, clean rooms for rent, 311 Tolland Street, East Hartford. \$160/week, includes all utilities. Call Robert, 860-308-5455.

TKB BINGO

1 Vernon Ave, Rockville,
behind Rockville Hospital.

Early Bird Starts at 12:15 pm
Regular Bingo Starts at 1 pm

Call Debbie at
860-490-1009 or
Tray at 860-803-9368.

For Rent, Park Terrace

3 BR apts. 2nd floor, cold flat. Located on Park Terrace. Quiet building. Close to school and within walking distance to shopping plaza. Quiet building. Please call 860-718-5000. Also, 2 & 3 BR apts., 230 Mather Street. Call 860-718-5000.

Apartamentos de 3 cuartos disponibles en Park Terrace localizado Hartford, enfrente de Pope Park. Cerca a escuela en el area shopping plaza. Edificio tranquilo. Utilidades no incuidas. Por favor llamar al 860-718-5000.

For Rent Hartford

Spacious 3 Bedroom apartment, cold flat. Newly remolded. Washer hook-up, off street parking. Call 860-839-8801.

22 Evergreen Avenue, Hartford

This is a spacious 1-bedroom unit with hardwood floors. This rents for \$800 and includes heat and hot water. Close proximity to shopping centers, restaurants and on bus line. On-site laundry and street parking. Section 8 welcomed. No pets. Contract Christine at 860-985-8258.

22 Evergreen Avenue, Hartford

This is a large 2-bedroom unit with hardwood floors. This rents for \$975 and includes heat and hot water. Close proximity to shopping centers, restaurants and on bus line. On-site laundry and street parking. Section 8 welcomed. No pets. Contract Christine at 860-985-8258.

NOTICE TO CREDITORS

ESTATE OF
Joan Marie Vance
(20-00261)

The Hon. Foye A. Smith, Judge of the Court of Probate, District of Hartford Probate Court, by decree dated March 13, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Carmen Y. Zayas
Clerk

The fiduciary is:
Debra A. Vance
c/o Mario R Borelli, Leone,
Throwe, Teller & Nagle
33 Connecticut Blvd.
East Hartford, CT 06128

NOTICE TO CREDITORS

ESTATE OF
Denise S. Crompton
(20-00147)

The Hon. Foye A. Smith, Judge of the Court of Probate, District of Hartford Probate Court, by decree dated March 2, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Carmen Y. Zayas
Clerk

The fiduciary is:
Beverly M. Berry
40 Magnolia Street
Hartford, CT 06112

Apartamentos Para Alquiler:

Apartamentos modernos localizados en Hartford. Studios, Uno, Dos, Tres y Cuatro cuartos dormitorios disponibles. Estacionamiento disponible. ** Aceptamos Section 8**. Rates Starting at: Studio- \$615; 1BR- \$700; 2BR- \$800; 3BR- \$900; 4BR-\$1000. Para mas informacion por favor llamar al 860-549-3000.

2-BR Apt. for Rent

For Rent: 2 bedroom unit, 2nd floor, completely renovated with granite countertop and island, new stove, new frig, new beautiful bathroom new wood floors throughout parking for 1 car, quiet street, 6 Putnam Hts, on busline and close to shopping. Section 8 welcome. Available A.S.A.P. \$1000.00. Please call 646-286-6442.

Houses for Sale

15 McClean Street, Hartford. Colonial-style. 3 BRs, 2 bathrooms. Asking \$184,900.

7 Olds Place, Hartford. Colonial-style. 3 BRs, 1 1/2 bathrooms. Asking \$159,900.

66 Commonwealth Avenue, New Britain. 4 BRs, 2 bathrooms. Asking \$149,900.

71 Chelsey Road, East Hartford. Split-style. 3 BRs, 2 bathrooms, 2-car garage. Asking \$184,900.

11 Bellridge Street, Hartford. Colonial-style. 6 rooms, 3 bedrooms, 1 1/2 bathrooms. 1-car attached garage. Asking \$157,100.

Call Mahadeo: 860-983-6956

Bringing Forth the Word Of God
Observing and Honoring Lent 2020

At the same time came the disciples unto Jesus, saying, Who is the greatest in the kingdom of heaven? And Jesus called a little child unto him, and set him in the midst of them, and said, Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven. Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven. And whoso shall receive one such little child in my name receiveth me.

Matthew 18, v. 1-5

And ye shall know the truth, and the truth shall make you free.

If the Son therefore shall make you free, ye shall be free indeed.

St. John 8, v 32 and 36

Unto him be glory in the church by Christ Jesus throughout all ages, World Without End. A-men

Universal Life Children's Church of Jesus Christ, The God Is Good Ministries

Reverend Dr. Jewel Ellison

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3 and mail it and this form to Hartford News, 563 Franklin Avenue, Hartford, CT 06114. You can also pay over the phone with VISA or Master Card. Call 296-6128 for more information.

El Informativo Latino

Lo Qué Debes Hacer Y No Debes Hacer Para Protegerte Del Coronavirus

Han sido muchas las noticias generadas sobre el alcance, tasas de mortalidad y efectos en la economía en el mundo por el COVID-19, lo que también ha generado mucha confusión en cuanto a qué hacer o qué evitar, así que a continuación encontrarás una serie recomendaciones:

¿Qué hacer?

Lavarse las manos durante al menos 20 segundos, varias veces al día con agua y jabón o un desinfectante para manos con al menos 60% de alcohol. Lo hemos escuchado tantas veces que pareciera no ser importante, pero la doctora Lucy Pollack, médico familiar en Chula Vista, explica que los gérmenes viven en todos los objetos que tocamos: Si es cierto que gérmenes están en vidrios, paredes, tenedores, todo, por eso es fundamental lavarse las manos mínimo tres veces al día", indica la doctora.

Entiende cuáles son los síntomas, que son similares a la gripe y tener presente que la mayoría de los casos no comienzan con secreción nasal, sino con una tos seca:

- Fiebre



- Tos

- Dificultad para respirar

Evita estar en lugares públicos por mucho tiempo, si no es necesario, pero especialmente si tienes alguna enfermedad respiratoria o que comprometa tu sistema inmune, o si eres mayor de 60 años. En la gran mayoría de los casos de personas afectadas por el virus, las personas de la tercera edad han sido las más susceptibles.

Reconsidera viajes innecesarios, y evitar aquellos a los países afectados.

Ve a un médico, tan pronto como sea posible si tiene los síntomas. Si bien varios doctores han recomendado llamar al doctor u hospital antes de asistir, la doctora Polack recomienda insistir en

hacer una cita médica para recibir una evaluación física y evitar riesgos de un mal diagnóstico por teléfono.

Trata de aislarse si crees tener los síntomas para evitar contagiar a otros, al menos hasta que pueda ver a un doctor y recibir un diagnóstico.

¿Qué NO debes hacer?

NO te toques los ojos, la nariz y la boca. Si de alguna manera ha entrado en contacto con el virus, tocarte la cara puede ayudar a que ingrese en el cuerpo.

NO uses mascarillas a menos que estés enfermo. Las máscaras ayudan a proteger a otros de contraer el virus, pero usarlas cuando se está sano no servirá de nada. Es mejor dejarlas para las personas que realmente las necesitan, como los profesionales de la salud o enfermos.

NO viajes si tienes fiebre. Si te enfermas durante un vuelo, informa a la tripulación de inmediato. Cuando llegues a casa, contacta a un profesional de la salud.

NO consumas antibióticos.

Los antibióticos solo funcionan en enfermedades causadas por bacterias, no en virus.



Keeping Fit While You're Home from School

BY DONNA SWARR

Hartford students will be on vacation for at least the next two weeks, and quite possibly longer, but that doesn't mean sitting around on the couch. Physical education teachers Brian Gallagher and Melissa Yennie-St. Juste from Classical Magnet School are sharing a 14-day workout schedule (see below) to add some structure to the long days at home and to demonstrate the value of regular exercise. And, of course, there's no reason adults can't join in too!

DAY CHALLENGE

| | |
|------------|---|
| Sample Day | How many jumping jacks can you do in 15 minutes? Do your 'jacks in sets of 25 with a break in between. |
| Day 1 | Visit Darebee.com and complete the Workout of the Day. |
| Day 2 | Make 3 sock balls by balling up your socks – duh... Grab an adult and search "learn to juggle" on YouTube. Work for 15 minutes and make progress. |
| Day 3 | Grab an invisible jump rope and create a routine that includes at least 4 different "tricks." |
| Day 4 | Wall Push-ups are just like push-ups but are done standing against a wall. Do 10 sets of 10. |
| Day 5 | Play 10 games Rock Paper Scissor with a friend. The winner of each game picks an exercise for both of you to complete. |
| Day 6 | Squat Stare Challenge. Squat position facing a friend. Have a staring contest. The winner picks an exercise for both to complete. No blinks or smiles |
| Day 7 | Visit www.hhph.org/resources/flow/ and complete this HYPE the Breaks routine. |
| Day 8 | Remember how many jumping jacks you did in 15 minutes? It's time to break your record! Do your 'jacks in sets of 25 with a break in between. |
| Day 9 | Practice makes perfect! Grab those 3 sock balls and work on your juggling for another 15 minutes. |
| Day 10 | Visit Darebee.com and complete the Workout of the Day. |
| Day 11 | How many jumping jacks can you do in 15 minutes? Do your 'jacks in sets of 25 with a break in between. |
| Day 12 | Play 10 games Rock Paper Scissor with a friend. The winner of each game picks an exercise for both of you to complete. |
| Day 13 | Squat Stare Challenge. Squat position facing a friend. Have a staring contest. The winner picks an exercise for both to complete. No blinks or smiles |
| Day 14 | Visit www.hhph.org/resources/to-the-core/. And complete this HYPE the Breaks routine. |

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Access Health Announced New Enrollment Period

Access Health CT has announced a special enrollment period from March 19 to April 2 during which uninsured state residents can sign up for health insurance by calling 855-365-2428.

New Saturday hours at Wheeler Health Center

Wheeler Family Health & Wellness Center, 43 Woodland Street, Hartford is now open on Saturdays from 9 am to 1 pm as well as on weekdays.

The center provides walk-in and scheduled care for a range of issues including:

- Cold and flu symptoms
- Aches and pains
- Minor cuts and bruises
- Behavioral health
- Addiction services

For more information, please call Wheeler's Navigation Center at 860.793.3500.